

Sheri M. Kittelson, MD

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Education

Residency: University of Florida
Gainesville, FL (7/06-6/09)
Family Medicine Residency

Medical School: University of Colorado School of Medicine
Denver, CO (8/01-12/05)
Medical Degree

Undergraduate: University of Colorado
Denver, CO (8/93-5/99)
Bachelor of Science

Professional Experience

University of Florida College of Medicine
Gainesville, FL
Position: Assistant Professor and Medical Director, Palliative Care (12/13-Current)
Position: Hospitalist (7/09-Current)
Position: Chief Resident (7/08-7/09)
Moonlighting Hospitalist (6/07-6/09)

Shands at Starke Regional Medical Center
Starke, FL
Position: Moonlighting Emergency Medicine Physician (10/10-12/13)

Professional Affiliations

- American Academy of Hospice and Palliative Medicine
- Center for Advanced Palliative Care
- American Academy of Family Physicians
- Society of Hospitalist Medicine
- American Medical Association
- Florida Medical Association

Medical License/Board Certification/CME

- Florida Medical License-*Active*
 - Board Certified: 7/09
 - ACLS- 7/14, ALSO – 4/08, PALS- 5/13, ATLS 6/09
 - American Academy of Hospice and Palliative Medicine: 38 CME, 1/14
 - End of Life Nursing Education Consortium 9.5 CME, 2/14
 - UF Health Palliative Care Conference, CME 6 AMA, 8/14
 - Center for Advanced Palliative Care National Seminar: Mt Saini School of Medicine 16.5 AMA Credits, 11/14
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Research Publications/Projects

Non-Peer Reviewed Journal:

Kittelson, MD, Glover, Ph.D., Elie, MD. RiskRx Palliative Care: a specialty that has come into its own, Published by the Florida Board of Governors Self-Insurance Programs, Vol. 13, No. 3, July-Aug 2015.

Kittelson, Sheri, MD, Flynn, Timothy, MD. Dying with Dignity: *Who Will Speak For You, the Importance of Advance Directives?* House Calls, Published by the Alachua County Medical Society, Winter 2015

Kittelson, Sheri MD, Flynn, Timothy, MD. Advance Directives. Forum 8, Eighth Judicial Bar Association, Inc. Volume 27, Number 7, March 2015, Page 12

Book Chapter:

Kittelson, Elie, Pennypacker, Palliative Care Symptom Management. Critical Care Nursing Clinics of North America, Clinics Review Articles, September 2015

Alvero, Kittelson, Reproductive Endocrinology and Infertility, Requisites in Obstetrics and Gynecology, Copyright 2007

Peer Reviewed Journal:

S. McAdoo, SM Kittelson, LI Lipshultz. Jumping 22q11.21 Translocation: Clinical Consequences and Counseling in an Oligospermic but Otherwise Healthy Adult Male Fertility and Sterility, September 2005, Vol 84, Supplement 1, Page S126

Bachman, MD, Kittelson, MD. Altitude Induced Hypertension in Bilanders. *High Altitude Medicine & Biology*, September 2004

Featured Articles:

Brenberg, Barry Public Relations Manager. UF Health, Partners Care in Spotlight, Palliative Care Team, Hospice of Citrus and the Nature Coast, April 2015

MacDonald, Ilene, Editor's Letter. Advance directives and end-of-life care: The conversation no one wants to have, Fierce Healthcare, April 2015

Press Releases: Emmi Solutions Participates in National Healthcare Decisions Day to Raise Awareness About Advance Directives, Helping Providers Turn Difficult Conversations Into Clinical Opportunities, April 2015

Maguire, Phyllis, Executive Editor, Want to boost your number of advance directives? Today's Hospitalist. January, 2015

Major Accomplishments/Honors/Awards

- Faculty Enhancement Opportunity Award, 2015
- Palliative Care, Best Consult Service of the Year Award University of Florida, 2014
- Chief Resident, University of Florida, 2008-2009
- Society of Teachers of Family Medicine Resident Teaching Award, 2009
- Golden Apple Teaching Award, 2009
- Magna Cum Laude with Distinction, 1999
- Honors Thesis: The Neurobiological Basis of Learning and Memory, 1999
- Nell J. Fahrion Award for Excellence in Neurobiology, 1999
- Gregor Mendal Award for Outstanding Achievement in Genetics, 1993

Grants:

Peer Reviewed: University of Florida, Office of the Provost, Faculty Enhancement Opportunity, Fall, 2015. Award: \$62,606

Educational Course Instructor

College of Medicine, 3rd Year Clerkship Instructor, Course: MDC 7124, Ambulatory Family Medicine, End of Life and Communication, 2014-ongoing

College of Medicine, 4th Year Surgical Skills Course, Hospice Communication Skills, March 2015

Invited Lectures

- 12/13: Hospitalist Business Meeting, Palliative Care Overview
- 1/14: Quality Executive Committee Meeting, Palliative Care Overview
- 1/14: Interdisciplinary Palliative Care Team Meeting, Palliative Care Overview
- 2/14: Hematology/Oncology Faculty Meeting, Palliative Care Overview
- 2/14: Ethics Council Meeting: Pitfalls in Communication That Lead to Nonbeneficial Emergency Surgery in Elderly Patients With Serious Illness
- 3/14: Emergency Room Operations Team Meeting, Palliative Care Overview
- 4/14: Quality Palliative Care: Quality Grand Rounds
- 5/14: Best Practice Palliative Care: Social Work Management
- 5/14: Neurosurgery Palliative Care and Mortality
- 5/14: Integrating Palliative Care Into Daily Practice; Palliative Care Resource Nurses
- 5/14: Integrating Palliative Care Into Daily Practice: Shands Home Care Nurses
- 8/14: Physician Directors of Quality: Palliative Care
- 9/14: Cystic Fibrosis and Palliative Care: Cystic Fibrosis Pulmonary Group
- 10/14: Quality and Palliative Care: Physician Directors of Quality
- 10/14: Nephrology & Palliative Care: Nephrology Grand Rounds
- 10/14: Surgery & Palliative Care: Surgery Grand Rounds
- 11/14: Hospitalists & Palliative Care: Hospitalists Division of Medicine
- 12/14: Oncology & Palliative Care and Oncology, Cancer Center Grand Rounds
- 12/14: Medicine & Palliative Care: Department of Medicine, Grand Rounds
- 2/15: Family Practice & Palliative Care: Community Health and Family Medicine, Grand Rounds
- 4/15: ICU Quality Improvement Committee, Palliative Care and the Critical Care
- 4/15: Neurosurgery & Palliative Care: Grand Rounds
- 5/15: Oncology and Palliative Care, Fellow Educational Lunch Seminar, Veterans Hospital, Gainesville FloridaP

Regional Speaker:

- 5/15: Palliative Care, State of the Science, University of Florida Palliative Care Conference, Regional Conference
- 4/15: Cancer Connections Regional Speaker, Palliative Care and Oncology, Gainesville Florida
- 2/15: End of Life Nursing Consortium Regional Speaker, Symptom Management, Gainesville Florida
- 1/15: Community Palliative Care: Institute for Learning in Retirement, Oak Hammock, Florida
- 8/14: Palliative Care Communication: University of Florida Regional Palliative Care Conference, Gainesville Florida
- 9/14: Community Health Exposition for Minority regarding Palliative Care, Gainesville, Florida

National Speaker:

- National Webinar: Host Byock, Ira, Kittelson, Sheri. Engaging in Advance Care Decisions, How to Turn Difficult Conversation into Clinical Opportunities, April 2015 EMMI Solutions
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Committees

- Hospice-In-Place, Quality Improvement Project (6/14-current)
 - Neuromedicine Interdisciplinary Clinical and Academic Program, Integrating Palliative Care in the Neuro Intensive Care Unit (1/15-current)
 - Ethics Committee Member (7/14-current)
 - Advance Directive Committee Member (2013 – Current)
 - Heart Failure/Heart Transplant/Ventricular Assistive Device Program, Committee Member (1/14-Current)
 - Direct Admit Committee Member and Speaker (2011 - 2012)
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Community Service

Community Health and Empowerment Summit for Minority
Volunteer Speaker, Advance Directive Booth Host
Gainesville, FL (9/14)

Equal Access Clinic, (serving the indigent and homeless)
Gainesville, FL (7/08-12/13)
Position: Medical Student Preceptor

Hobbies/Interests

- Outdoors and athletics including: traveling with my husband and two sons, hiking, biking, snorkeling, kayaking, Danskin Triathlon, Tour de Felasco eco-challenge.
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Languages Spoken

- Proficient in Spanish, but not fluent.